

## SCHEDULE

### December 11, Friday

PM

|            |                            |
|------------|----------------------------|
| 3.00 –4.00 | Merienda & Settling Down   |
| 4.00 –4.30 | Welcome & Orientation      |
| 4.30 –6.00 | 1 <sup>st</sup> Session    |
| 6.00 –6.30 | Free                       |
| 6.30       | Vespers in the Main Chapel |
| 7.00       | Supper                     |

### December 12, Saturday

AM

|              |                                |
|--------------|--------------------------------|
| 6.30         | Lauds in the Main Chapel       |
| 7.00         | Holy Mass<br>Breakfast         |
| 8.30         | Shibashi                       |
| 8.45 –10.00  | 2 <sup>nd</sup> Session        |
| 10.00        | Break                          |
| 10.30 –11.00 | Individual Prayer / Reflection |
| 11.00 –12.00 | 3 <sup>rd</sup> Session        |
| 12.00        | Lunch                          |

PM

|            |   |
|------------|---|
| 2.30 –3.30 | 4th Session   |
| 3.30       | Break   |
| 4.00 –4.30 | Common Prayer of the Joyful Mysteries of the Rosary |
| 4.30 –6.30 | Confession  |
| 6.30       | Vespers in the Main Chapel                          |
| 7.00       | Supper  |

### December 13, Sunday

AM

|              |                           |
|--------------|---------------------------|
| 6.30         | Lauds                     |
| 7.00         | Holy Mass<br>Breakfast    |
| 9.15         | Shibashi                  |
| 9.15 –10.15  | 5 <sup>th</sup> Session   |
| 10.15        | Break                     |
| 10.30 –11.30 | Adoration                 |
| 11.30 –12.00 | Conclusion and evaluation |
| 12.00        | Lunch - Departure         |

## INVITATION

TO AN ADVENT RETREAT  
“IN THE YEAR OF THE  
CHURCH OF THE POOR”



“They will call him Emmanuel—  
GOD-IS-WITH-US.”

The Gospel of St. Matthew 1.23

Venue: St. Scholastica's Center of Spirituality  
Brgy. Iruhin West, Kabangaan Road  
4120 Tagaytay City  
Tel. No. (046) 483 1535

Facilitator: Sr. Pia Lansang, OSB

Date: December 11-13, 2015



**Sr. Pia Lansang, OSB**  
Facilitator

Sr. Pia Lansang OSB is well known to us in our yearly Advent retreats.

She was born in Sta. Rita Pampanga and studied in St. Scholastica's College, earning a degree with a Bachelor of Music in 1962. She finished her Masters in Sociology and Religious Education at the Asian Social Institute (ASI) in Manila in 1970. In 1975 she took up a course and had training in East Asian Spirituality at "Takamori Sopan", Nagano-ken, Japan with Fr. Shigetu Oshida. This was followed by Liturgical Studies at the "Liturgisches Institut (Institute of Liturgy in Trier), Germany, with Prof. Balthasar Fischer in 1976. Finally in 1986 she earned her doctorate (PH.D) in Theology with a focus on Pastoral Liturgy in Muenster, Westphalia, Germany. Her sabbatical courses were taken at the Jesuit School of Theology in Berkely, California, USA.

At present she is giving courses in Liturgy and retreats for clergy, religious and lay organizations in our country. As moderator of the Benedictine Oblates of the Manila Priory she shares the rich tradition of Benedictine prayer and spirituality through seminars and liturgical music with the oblate members of the association.

**You are invited.** As theologians and teachers, lay missionaries and parish workers serving the Church, you are invited to a retreat during this Advent in order to experience once again with amazement and delight the coming of the Savior. In gratitude and awe may you gain courage from Him – Emmanuel, God-is-with-us, source of our Strength in a fragmented and confusing age.

**Highlights:** Holy Scriptures brings this amazing revelation to us that Jesus is Emmanuel, meaning "God-is-with-us".



- **Jahwe is one who stands with us, for us, helps us and saves us.**
- **With every nerve of his being Jesus expresses the truth that we have nothing to fear before God, for He is our sure refuge, whoever we are, rich or poor, young or old, weak or strong in a battered world.**
- **He is a God who loves us and that is His name in Jesus the Son of God made man.**