

SCHEDULE

September 23, 2016 (Friday)

PM:

3:00 – 4:00 Snacks
4:00 – 4:15 Welcome and Orientation
4:15 – 6:00 Introduction: The Family-an Icon of Mercy
6:30 Vespers
7:00 Supper
7:45 Movie – Tanging Yaman

September 24, 2016 (Saturday)

AM:

6:30 Lauds
7:00 Eucharist
8:00 Breakfast
8:45 Shibashi
9:00 – 10:00 The Family – as enclosed in the
“Culture of Death”
10:00 Health Break
10:30 – 12:00 Family Dining Table
12:00 Lunch

PM:

2:30 – 4:00 Letter Writing to Family Member/s
4:00 Health Break
4:30 – 6:00 Goal Setting on How to Achieve a Happy
Family/Positive Relationships
6:30 Vespers
7:00 Supper
7:45 Movie – Anak

September 25, 2016

AM:

6:30 Lauds
7:00 Eucharist
8:00 Breakfast
8:45 Shibashi
9:00 – 10:00 Parenthood/Family Life:
A Sacred Stewardship
10:00 Health Break
10:30 – 12:00 Parenthood/Family Life: A Sacred
Stewardship (Part 2)
Q & A / Evaluation
12:00 Lunch
Home Sweet Home

INVITATION

TO A SEMINAR ON THE FAMILY: AN ICON OF MERCY



On the Celebration of the Special Jubilee
Year of Mercy

Theme: “The Family and the Eucharist
in the Jubilee Year of Mercy”

Venue: St. Scholastica’s Center of Spirituality
Brgy. Iruhin West, Kabangaan Road
4120 Tagaytay City
Tel. No. (046) 483 1535

Facilitators: Dr. Maria Lita J. Arquion and
Ms. Miss Cynthia Camarce, RGC

Date: September 23-25, 2016



**Dr. Maria Lita J.
Arquion, RGC**

A Registered Guidance Counselor and a doctor of Philosophy graduate in Counseling Psychology from De La Salle University-Dasmariñas, Cavite, who works in the same University for the past 21 years as a guidance counselor and part-time professor handling Psychology subjects, Dr. Maria Lita J. Arquion also specializes in Hypnotherapy as a modality in treating emotional trauma and depression and is

likewise adept in reducing test anxiety using the Modified Systematic Desensitization Program. Aside from counseling, Dr. Arquion also conducts psychological assessment on career, personality and educational facet of individuals who need a personal profile of their capacities and skills. Dr. Arquion also conducts seminars, lectures and fora on such topics of her expertise in the local, national and international institutions. Married to a seaman, Dr. Arquion is looking forward to cater to other interests like business and culinary arts.



**Miss Cynthia Nuevo
Camarce, RGC**

Miss Cynthia Camarce is a highly driven registered guidance counsellor with an extensive experience in children and youth. She is skilled in counselling works and well adept in group process especially to college and students who have multicultural background. She just recently conducted a program for intervention on Positive Psychology to her students to cultivate their inner strengths and help them thrive with their daily

issues in life. She loves extending her extra time doing community service to young people who were drug dependents; she also served as a volunteer counselor in Dasmariñas City, Cavite, and Jail. And a volunteer acupuncturist in De La Salle- Dasmariñas during the departmental community service.

When her time allows she loves spending her time playing the piano and taking care of her children's needs.

Synopsis of “The Family as an Icon of Mercy

The family being considered as a basic unit structure of the society serves as the source where the basic foundation of love, aspirations, social values and motivations are formed and exhibited as they live with their neighbors in his community. With the guidance of the Catholic teachings inspired by the edict of Pope Francis on “The Family and the Eucharist in the Jubilee Year of Mercy”, icons of mercy are seeing the God-given dignity in every child who is the springboard of a happy and fruitful family. The role of parents in molding them towards acquiring positive attitudes and character towards their marginalized fellowmen should be lived and shared to the fullest. The activities undertaken exemplifies the basic and modern trends in handling and dealing with anger, frustrations and alienations towards each family members and most importantly, shows definitive actions to correct negative attitudes and behavior. But most importantly, the seminar hopes to enhance the positive aspects of their behavior as they are empowered to have a more meaningful and fruitful encounter with all the members of the family and with the marginalized members of the society as well.

