

## SCHEDULE

### March 20, 2015 - Friday

PM

3.00 –4.00	Merienda & Settling Down
4.00 –4.30	Welcome & Orientations
4.30 –6.00	1 <sup>st</sup> Session
6.00 –6.30	Free
6.30	Vespers in the Main Chapel
7.00	Supper

### March 21, 2015 -Saturday

AM

6.30	Lauds in the Main Chapel
7.00	Holy Mass Breakfast
8.30	Shibashi
8.45 –10.00	2 <sup>nd</sup> Session
10.00	Break
10.30 –11.00	Individual Prayer / Reflection
11.00 –12.00	Common Adoration
12.00	Lunch

PM

2.30 –3.30	3 <sup>rd</sup> Session
3.30	Break
4.00 –4.30	Common Prayer of the Sorrowful Mysteries of the Rosary
4.30 –6.30	Confession
6.30	Vespers in the Main Chapel
7.00	Supper

### March 22, 2015 - Sunday

AM

6.30	Lauds
7.00	Holy Mass Breakfast
9.15	Shibashi
9.15 –10.15	4 <sup>th</sup> Session
10.15	Break
10.30 –11.30	Common Adoration
11.30 –12.00	Evaluation
12.00	Lunch - Departure

## INVITATION

### TO A LENTEN RETREAT



On the Occasion of the Year 2015  
Dedicated to the “Church of the Poor”  
in the Philippines

*Theme: “Had you not the strength  
to keep awake with me one hour?”*

**(Mk 14:40)**

**Date:** March 20-22, 2015

**Facilitator:** Sr. Pia Lansang, OSB

**Venue:** St. Scholastica’s Center of Spirituality

Brgy. Iruhin West, Kabangaan Road  
4120 Tagaytay City

Tel. No. (046) 483 1535



*Sr. Pia Lansang, OSB*  
**Facilitator**

Sr. Pia Lansang OSB was born in Sta. Rita Pampanga and studied in St. Scholastica's College, earning a degree with a Bachelor of Music in 1962. She finished her Masters in Sociology and Religious Education at the Asian Social Institute (ASI) in Manila in 1970. In 1975 she took up a course and had training in East Asian Spirituality at "Takamori Sapan", Nagano-ken, Japan with Fr. Shigetu Oshida. This was followed by Liturgical Studies at the "Liturgisches Institut (Institute of Liturgy in Trier), Germany, with Prof. Balthasar Fischer in 1976. Finally in 1986 she earned her doctorate (PH.D) in Theology with a focus on Pastoral Liturgy in Muenster, Westphalia, Germany. Her sabbatical courses were taken at the Jesuit School of Theology in Berkely, California, USA.

At present she is giving courses in Liturgy and retreats for clergy, religious and lay organizations in our country. As moderator of the Benedictine Oblates of the Manila Priory she shares the rich tradition of Benedictine prayer and spirituality through seminars and liturgical music with the oblate members of the association.

**You are invited.** As theologians and teachers, lay missionaries and communities of the faithful in your particular situations in life, you are invited to prepare for and receive the great gift of the Paschal Mystery through this retreat. This great gift comes at a time when our Church leaders dedicate this year as a Year of the Poor in the Philippines. More than ever it is a time to awaken to the reality that our new life in the Risen Lord, is life for all, for us together with our poor brothers and sisters in the country. Never is the call more urgent to evangelize and be evangelized in the power of this our great treasure – that God loves us in the humanity of his Son – sacrificed and raised for our sake. There is no other model than the Virgin Mother of God to show us the way to the luminous passion and compassion of her Son realized in his Resurrection

*Highlights:*

**This is an invitation to pray and reflect on the sufferings of Jesus who is God's mercy and compassion in our darkened world. After the papal visit of Pope Francis, we will be led to see that the burdens we bear in our life and society have a deeper meaning – there is hope and joy amidst the gloom.**

**The agony of Jesus in Gethsemane is God embracing us all in our human frailty.**

**"Can you not keep awake one hour with me?"  
Jesus' acceptance of the cup is his love for us raised to the Father to be transformed into his resurrection in us and in our world.**

