

“WHAT WOULD I CRY OUT?”

I SPEAK OF WHAT FILLS ME WITH AMAZEMENT AND DELIGHT!

Duration: From Friday 4pm—Sunday after lunch

January	12-14	Praying our Hearts' Desire—Intimacy with God <i>Fr. Austin Cadiz, OSB and Fr. Matthew Rios, OSB</i>	July	6 - 8	16th Youth Formation Seminar <i>Sr. Mechtilde Juntado, OSB</i>
February	16-18	Liturgical Music 3 —The Liturgy of the Eucharist <i>Sr. Agnella Capili, OSB</i>		27- 29	17th Youth Formation Seminar <i>Sr. Mechtilde Juntado, OSB</i>
March	9-11	LENTEN RETREAT: “On the night he was betrayed, he took bread...he took the cup... do this in remembrance of Me!” <i>Fr. Tim Melliza, SSP</i>	August	10-12	18th Youth Formation Seminar <i>Sr. Mechtilde Juntado, OSB</i>
April	13-15	The Rule of Benedict—Wisdom for God seekers <i>Fr. Matthew Rios, OSB</i>	September	28-30	19th Youth Formation Seminar <i>Sr. Mechtilde Juntado, OSB</i>
May	4-6	Option for the Poor, Justice and Integrity of Creation <i>Sr. Mary John Mananzan, OSB</i>	October	26-28	Life Direction in the Spirit Part III <i>Sr. Mechtilde Juntado, OSB</i>
	11-13	Mary—Icon of Sparkling Faith in the Church <i>Sr. Josefina Nepomuceno, OSB</i>	November	12-26	RB STUDY WEEKS PHASE X The Monastic Instinct in a Modern World <i>Fr. Austin Cadiz, OSB and Fr. Gerard de Villa, OSB</i>
June	8 - 10	15th Youth Formation Seminar <i>Sr. Mechtilde Juntado, OSB</i>	December	7-9	ADVENT RETREAT: GOD SENT HIS SON BORN OF A WOMAN “His name shall be called Emmanuel...” <i>Sr. Pia Lansang, OSB</i>
	22-24	Forgive and be Forgiven—Two Pillars of Healing <i>Rev. Fr. Ed Verdadero</i>			



CONTEMPLATIVE MORNINGS

Exercises in contemplative prayer orients to imageless and formless prayer in order to be present to God in the love of our whole being. Four sessions are held in quiet sitting with spaces of solitude in chapel or garden.

8:30 — Registration

11:30 — Conclusion & Snacks

Third Saturday of the month

The Benedictine Sisters offer weekend programs on prayer, Women's Concerns, Parish Biblical and Liturgical Formation, and biblical retreats.

Target Groups: Clergy, religious, Parish communities and interested individuals. Spiritual direction can be arranged upon request.

Course Fee: Php 1,200.00
Accommodation : Php 880.00 – Php 1,330
(depending on the type of room)
Subsidies will be discussed on a case to case basis.

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BENEDICTINE INSTITUTE FOR
SPIRITUAL AND LITURGICAL
FORMATION

EVENTS 2018



What would I proclaim?

“...what we have seen and
heard we are telling you—

The WORD who is life!”

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